

# GERMAN TOWNSHIP FIRE-RESCUE

## PROFESSIONAL VOLUNTEERS FAITHFULLY SERVING

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## PROCEDURE FOR SAFELY BLOCKING TRAFFIC

### Standard Operating Guideline

Date: 05/29/08

Written by: Lieutenant Mike Tanner

This procedure identifies parking practices for Fire Department apparatus and vehicles that will provide maximum protection and safety for personnel operating in or near moving vehicle traffic. It also identifies several approaches for individual practices to keep firefighters safe while exposed to the hazardous environment created by moving traffic.

**It shall be the policy of the Fire Department to position apparatus and other emergency vehicles at a vehicle-related incident on any street, road, highway or expressway in a manner that best protects the incident scene and the work area. Such positioning shall afford protection to fire department personnel, law enforcement officers, tow service operators and the motoring public from the hazards of working in or near moving traffic.**

All personnel should understand and appreciate the high risk that personnel are exposed to when operating in or near moving vehicle traffic. Responders should always operate within a protected environment at any vehicle-related roadway incident. Always consider moving vehicles as a threat to your safety

### II. Terminology

The following terms shall be used during incident operations, post-incident analysis, and training activities related to working in or near moving traffic.

1. **Advance Warning-** notification procedures that advise approaching motorists to transition from normal driving status to that required by the temporary emergency traffic control measures ahead of them.
2. **Block-** positioning a fire department apparatus on an angle to the lanes of traffic creating a physical barrier between upstream traffic and the work area. Includes 'block to the right' or 'block to the left'.
3. **Buffer Zone-** the distance or space between personnel and vehicles in the protected work zone and nearby moving traffic.
4. **Downstream-** the direction that traffic is moving as it travels away from the incident scene.
5. **Flagger-** a fire department member assigned to monitor approaching traffic

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6. **Shadow-** the protected work area at a vehicle-related roadway incident that is shielded by the block from apparatus and other emergency vehicles.
7. **Taper-** the action of merging several lanes of moving traffic into fewer moving lanes.
8. **Temporary Work Zone-** the physical area of a roadway within which emergency personnel perform their fire, EMS and rescue tasks at a vehicle-related incident.
9. **Transition Zone-** the lanes of a roadway within which approaching motorists change their speed and position to comply with the traffic control measures established at an incident scene.
10. **Upstream-** the direction that traffic is traveling from as the vehicles approach the incident scene.

### III. Safety Benchmarks

All emergency personnel are at great risk of injury or death while operating in or near moving traffic. There are several specific tactical procedures that should be taken to protect all crewmembers and emergency service personnel at the incident scene including;

1. Never trust approaching traffic
2. Avoid turning your back to approaching traffic
3. Establish an initial "block" with the first arriving emergency vehicle or fire apparatus
4. Wear full protective clothing at all vehicle-related emergencies
5. Use fire apparatus and police vehicles to initially redirect the flow of moving traffic
6. Establish advance warning and adequate transition area traffic control measures upstream of incident to reduce travel speeds of approaching motorists
7. Use traffic cones and/or cones illuminated by flares where appropriate for sustained highway incident traffic control and direction
11. Establish a fire department member or law enforcement assigned to the "Flagger" function to monitor approaching traffic and to ensure traffic control measures are in place at the highway scene

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### IV. Apparatus and Emergency Vehicle Benchmarks

Listed below are benchmarks for Safe Parking of **apparatus and emergency vehicles** when operating in or near moving traffic.

- 1) Always position first-arriving apparatus to protect the scene, patients, and emergency personnel.
  - a. Initial apparatus placement should provide a work area protected from traffic approaching in at least one direction.
  - b. Angle apparatus on the roadway with a "block to the left" or a "block to the right" to create a physical barrier between the crash scene and approaching traffic.
  - c. Allow apparatus placement to slow approaching motorists and redirect them around the scene.
  - d. Use fire apparatus to block at least one additional traffic lane more than that already obstructed by the crashed vehicle(s).
  - e. When practical, position apparatus in such a manner to protect the pump operator position from being exposed to approaching traffic.
- 2) Positioning of large apparatus must create a safe parking area for EMS units and other fire vehicles. Operating personnel, equipment and patients should be kept within the "shadow" created by the blocking apparatus at all times
- 3) When blocking with apparatus to protect the emergency scene, establish a sufficient size work zone that includes all damaged vehicles, roadway debris, the patient triage and treatment area, the extrication work area, personnel and tool staging area and the ambulance loading zone.
- 4) Ambulance should be positioned within the protected work area with their rear patient loading door area angled away from the nearest lanes of moving traffic
- 5) Command shall stage unneeded emergency vehicles off the roadway or return these units to service whenever possible.
- 6) At all intersections, or where the incident may be near the middle lane of the roadway, two or more sides of the incident will need to be protected.
  - a) Vehicles must be strategically positioned to expand the initial safe work zone for traffic approaching from opposing directions. The goal is to effectively block all exposed sides of the work zone. The blocking of the work zone must be prioritized, from the most critical or highest traffic volume flow to the least critical traffic direction.

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- b) For first arriving engine or truck companies where a charged hose line may be needed, block so that the pump panel is "down stream", on the opposite side of on-coming traffic. This will protect the pump operator.
  - c) At intersection incidents, consider requesting police response. Provide specific directions to the police officers as to exactly what your traffic control needs are. Ensure that police vehicles are parked in a position and location that provides additional protection of the scene.
- 7) Traffic cones shall be deployed from the rear of the blocking apparatus toward approaching traffic to increase the advance warning provided for approaching motorists. Cones identify and only suggest the transition and tapering actions that are required of the approaching motorist.
  - 8) Personnel shall place cones and flares and retrieve cones while facing oncoming traffic.
  - 9) Traffic cones shall be deployed at 15 foot intervals upstream of the blocking apparatus with the furthest traffic cone approximately 75 feet upstream to allow adequate advance warning to drivers

### V. Incident Command Benchmarks

The **initial-arriving company officer** and/or the **Incident Commander** must complete critical benchmarks to assure that a safe and protected work environment for emergency scene personnel is established and maintained including;

1. Assure that the first-arriving apparatus establishes an initial block to create an initial safe work area
2. Assure that all ambulances on-scene are placed within the protected work area (shadow) of the larger apparatus.
3. Assure that all patients loading is done from within a protected work zone.
4. The initial company officer and/or Incident Commander must operate as the Scene Safety Officer until this assignment is delegated.
5. At residential medical emergencies, Command shall direct ambulances to park at the nearest curb to the residence for safe patient loading whenever possible.

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### V. Emergency Crew Personnel Benchmarks

Listed below are benchmarks for safe actions of **individual personnel** when operating in or near moving vehicle traffic.

1. Always maintain an acute awareness of the high risk of working in or near moving traffic.
2. Never trust moving traffic.
3. Always look before you move!
4. Always keep an eye on the moving traffic!
5. Avoid turning your back to moving traffic.
6. Personnel arriving in crew cabs of fire apparatus should exit and enter the apparatus from the protected 'shadow' side, away from moving traffic.
7. Officers, apparatus operators, crew members in apparatus with individual jump seat configurations must exit and enter their units with extreme caution remaining alert to moving traffic at all times.
8. Protective clothing must be donned prior to exiting the emergency vehicle.
9. Always look before opening doors and stepping out of apparatus or emergency vehicle into any moving traffic areas. When walking around fire apparatus or emergency vehicle, be alert to the proximity to moving traffic.
  - a. Stop at the corner of the unit, check for traffic, and then proceed along the unit remaining as close to the emergency vehicle as possible.
10. Police Department personnel may place traffic cones or flares at the scene to direct traffic. Always place and retrieve cones while facing on-coming traffic.
11. Placing flares, where safe to do so, adjacent to and in combination with traffic cones for nighttime operations greatly enhances scene safety. Where safe and appropriate to do so, place warning flares to slow and direct approaching traffic.

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### VI. High-Volume, Limited Access Highway Operations

High-volume limited access highways include the expressways, Toll way, and multi-lane roadways within the FD response area. The Police Department and Department of Transportation (DOT) have a desire to keep the traffic moving on these high-volume thoroughfares. When in the judgment of FD Command it becomes essential for the safety of operating personnel and the patients involved, any or all lanes, shoulders, and entry/exit ramps of these limited access highways can be completely shut down. This, however, should rarely occur and should be for as short a period of time as practical.

Unique Safe Parking procedures at expressway, Toll way, and limited-access, high-volume multi-lane roadway incidents;

1. First-arriving engine company apparatus shall establish an initial block of the lane(s) occupied by the damaged vehicle plus one additional traffic lane.
  - a. Police Department vehicles will be used to provide additional blocking of additional traffic lanes as needed.
  - b. Ambulances shall always be positioned within the safe work zone.
2. Staging of additional companies off the highway may be required.
3. Command should establish a liaison with the Police Department as soon as possible to jointly coordinate a safe work zone and to determine how to most efficiently resolve the incident and establish normal traffic flows.
4. The termination of the incident must be managed with the same aggressiveness as initial actions. Crews, apparatus, and equipment must be removed from the highway promptly, to reduce exposure to moving traffic and minimize traffic congestion.

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### Officer's Safe Parking "Cue Card"

**"Block"** with first-arriving apparatus to protect the scene, patients, and emergency personnel.

- ❑ Block at least one additional lane
- ❑ Block so pump panel is "down stream"
- ❑ Block most critical or highest traffic volume direction first
- ❑ Consider requesting additional PD assistance

### **Crews wear proper PPE w/Helmet**

- ❑ Class III vests at all times
- ❑ Helmet at all times
- ❑ Full PPE plus Class III vest between dusk and dawn or inclement weather

### **Establish more than adequate advance warning**

- ❑ Traffic cones at 15' intervals
- ❑ Deploy minimum 5 cones upstream
- ❑ Cones only "Suggest" they don't Block!
- ❑ Expand initial safe work zone

### **Direct placement of ambulances**

- ❑ Assure ambulances park within shadow of larger apparatus as directed
- ❑ Lane 1 is furthest right lane, next is Lane 2, then Lane 3, etc. from approaching motorist's point of view
- ❑ Direct ambulance to "block to the right" or "block to the left" to protect loading doors
  - Place ambulance patient loading area facing away from closest lane of moving traffic
- ❑ All patient loading into Med Units is done from within a protected work zone

### **You are the Scene Safety Officer**

- ❑ Consider assigning FF as upstream "Spotter" as necessary for approaching traffic

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### **Night or Reduced Light Conditions**

- ❑ Turn OFF vehicle headlights
- ❑ Turn OFF Opticom
- ❑ Provide overall scene lighting
- ❑ All personnel in PPE w/helmets
- ❑ Illuminate cones with flares
- ❑ Consider additional Truck company for additional upstream "Block"

### **Limited access, high-volume highway incidents**

- ❑ Establish initial block: minimum two lanes
- ❑ Ladder truck establishes upstream block
  - two lanes plus paved shoulder or
  - three driving lanes
- ❑ Place cones and/or cones illuminated by flares upstream of ladder truck apparatus
  - last cone approximately 150 feet "upstream" of apparatus
- ❑ Establish Flagger position
  - monitor approaching traffic
  - sound emergency signal as necessary
- ❑ Driver operator of ladder truck apparatus
  - sound a series of long blasts on apparatus air horn as necessary
- ❑ Use police department vehicles for additional blocking
- ❑ Stage additional companies off highway
- ❑ Establish liaison with Police Department
- ❑ Terminate incident aggressively

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